

Transcript: A Day in the Life: Meet Zachary's Learning Coach, Anita

[Transcript \(Video\)](#)

[Transcript \(Video with Audio Description\)](#)

[Transcript \(Audio Description\)](#)

Transcript (Video)

00:00:00.000

[MUSIC]

00:00:05.027

My name is Anita and

I'm the learning coach for Zachary.

00:00:08.246

He's in the 5th grade and

we use the K12 curriculum.

00:00:11.980

My typical day as a learning

coach varies during the week, but

00:00:16.780

typically I get up in the morning,

and I like to get everything prepared,

00:00:21.160

get all the coursework together, and

then ask Zachary to get up out of bed.

00:00:25.720

He typically is up about 7:30, and

that's when the work really begins.

00:00:30.600

All the preparation work and organizing helps us to have a smooth day.

00:00:35.640

On average, I spend three to four hours a day as a learning coach,

00:00:39.540

supporting my child in his work.

00:00:43.230

It depends on the day.

00:00:44.570

Some days the coursework is heavier than other days.

00:00:48.570

In your guide there is a schedule

00:00:51.590

to help you see how much time you may need to work with your students.

00:00:56.090

So some students work faster, and some students work slower,

00:00:58.618

it's just a general idea.

00:00:59.725

And so that really helps in your planning,

00:01:01.983

because that's the key that

I found as a learning coach.

00:01:05.005

That planning and organizing is what
your child really needs from you,

00:01:09.385

because it helps them to move
forward through their work.

00:01:13.520

So I communicate with my student's
teacher through email, or

00:01:18.190

on the phone, and sometimes in person.

00:01:21.270

Sometimes we meet for activities and

00:01:22.874

I get an opportunity to speak
to the teachers in person.

00:01:25.315

I do feel supported by the school staff
and the systems that are available.

00:01:29.004

We have a head of school,
multiple teachers, counselors,

00:01:33.811

who help you with your student, and
especially with students who are advanced.

00:01:40.235

The great thing about the K12 curriculum
is that if your student is advanced in

00:01:44.958

just one area, they can be
advanced in just that one area.

00:01:48.850

And what they do is they help you to go
through and form the curriculum that is

00:01:53.860

most supportive of where your child is,
so your child can continue to grow.

00:01:59.660

It is very different now
from when I started.

00:02:02.070

When he was, kindergarten to
second grade you are all in.

00:02:07.490

How ever many hours your child is working,
that's how many hours you have to work,

00:02:11.781

because you need to read to them,
you need to help them learn to read.

00:02:15.361

You're building the foundation.

00:02:17.285

You're helping them to move

from this dependent learner,

00:02:20.424

student on you, to an independent learner who's able to get up and

00:02:23.937

move through their work without you.

00:02:25.960

And that's the real, real, real, real thing of online school,

00:02:30.299

is when your child takes the lead in their own education and

00:02:34.094

they start becoming the driving force behind what gets done, how it gets done.

00:02:39.307

And you're trying to reign them in and go wait, wait, can we just wait?

00:02:43.775

Can we do this, can we do this part?

00:02:46.550

I already did that.

00:02:47.436

Okay, well let's go on to the next class then.

00:02:50.318

[LAUGH]

Ending Time: 00:02:51.875

Transcript (Video with Audio Description)

00:00:01.000

Descriptor Narrator: A Day in the life - Meet Zachary's Learning Coach.

00:00:05.315

My name is Anita, and I am the learning coach

00:00:07.592

for Zachary.

00:00:08.462

He's in the 5th grade and we use the K12 curriculum.

00:00:11.503

My typical day as a learning coach varies

00:00:14.842

during the week.

00:00:16.240

But typically, I get up in the morning,

00:00:19.514

and I like to get everything prepared,

00:00:20.856

get all the coursework together,

00:00:22.831

and then ask Zachary to get up out of bed.

00:00:25.642

He typically is up about 7:30,

00:00:27.555

and that's when the work really begins.

00:00:30.402

All the preparation work and organizing

00:00:33.206

helps us to have a smooth day.

00:00:35.457

On average, I spend 3 to 4 hours a day

00:00:37.964

as a learning coach, supporting my child in his work.

00:00:42.969

It depends on the day.

00:00:44.413

Some days, the course work is heavier than other days.

00:00:47.912

In your guide, there is a schedule to help you

00:00:52.135

see how much time you may need to work with your student.

00:00:55.993

So, some students work faster,

00:00:56.826

and some students work lower; it's just a general idea.

00:00:59.768

And so that really helps in your planning,

00:01:02.374

because that's the key that I found as a learning coach.

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That planning and organizing is what your child

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really needs from you, because it helps them

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to move forward through their work.

00:01:13.402

So, I communicate with my student's teacher through email,

00:01:17.472

or on the phone,

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and sometimes, in person.

00:01:20.753

Sometimes we meet for activities,

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and I get an opportunity to speak to the teachers in person.

00:01:25.915

I do feel supported by the school staff

00:01:27.807

and the systems that are available.

00:01:29.592

We have a head of school, multiple teachers, counselors,

00:01:34.636

who help you with your student.

00:01:36.967

And especially with students who are advanced.

00:01:40.634

The great thing about the K12 curriculum

00:01:43.326

is that if your student is advanced in just one area,

00:01:46.292

they can be advanced in just that one area.

00:01:48.467

And what they do is they help you to go through

00:01:51.105

and form the curriculum

00:01:52.938

that is most supportive of where your child is,

00:01:56.885

so your child can continue to grow.

00:01:59.373

It is very different now from when I started.

00:02:01.902

When he was kindergarten to second grade,

00:02:04.367

you are all in.

00:02:06.938

How ever many hours your child is working,

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that's how many hours you have to work

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because they need, you need to read to them,

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you need to help them learn to read.

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You're building the foundation, you're helping them to move

00:02:18.675

from this dependent learner student, on you,

00:02:22.102

to an independent learner,

00:02:23.585

who's able to get up and move through

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their work without you.

00:02:26.693

And that's the real, real, real, real thing

00:02:29.184

of online school, is when your child

00:02:31.110

takes the lead in their own education,

00:02:34.048

and they start becoming the driving force

00:02:36.240

behind what gets done, how it gets done.

00:02:39.195

And you're trying to rein them in, and go,

00:02:41.428

"Wait, wait, can we just wait, like can we do this?"

00:02:44.000

"Can we do this part?"

00:02:45.820

"Oh, I already did that."

00:02:47.474

"Oh, okay, we'll let's go on to the next class then."

00:02:50.557

(laughs)

00:02:53.717

Descriptor Narrator: Various scenes of Anita and Zachary throughout their day.

00:02:57.764

working together, and separately,

00:03:00.051

in books and on a computer.

Ending Time: 00:03:02.301

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00:00:01.000

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00:02:53.717

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Note to Video Editor: Video may need to be paused during playback, at the approximate times indicated, for the insertion of the Audio Descriptions.